# No Lo Trates



Count: 32 Wall: 4 Level: Easy Intermediate

Choreographer: Esmeralda van de Pol (NL) - November 2019

Music: No Lo Trates - Pitbull, Daddy Yankee & Natti Natasha



Intro: 32 counts

### DIAGONAL ROCKING CHAIR, CROSS, 1/8 TURN R, 1/8 TURN R, REVERSE ROCKING CHAIR, BEHIND SIDE CROSS 1/8 R

1&2&	Rock RF diagonal fwd,	Recover weight on LF, I	Rock RF diagonal back,	Recover weight on LF

10.30

3&4 Cross RF in front of LF, 1/8 turn R step LF to L side, 1/8 turn R step RF back 01.30 5&6& Rock LF back, Recover weight on RF, Rock LF fwd, Recover weight on RF 01.30

Step LF back, 1/8 turn R step RF to R side, Cross LF in front of RF 03.00 7&8

#### SIDE ROCK CROSS, 1/4 TURN RX 2, CROSS, SIDE ROCK CROSS, CHASE L

1&2	Rock RF to R side, Recover weight on LF, Cross RF in front of LF
3&4	1/4 turn R-step LF back, 1/4 turn R-step RF to R side, Cross LF in front of RF 09.00
5&6	Rock RF to R side, Recover weight on LF, Cross RF in front of LF
700	

7&8 Step LF to L side, Step RF next to LF, Step LF to L side \*\*\*\* restart point

#### SYNCOPATED ROCKSTEPS, COASTER STEP, STEP-1/2 TURN R-STEP FWD, MAMBO STEP FWD

1&2&	ROCK RF IN FRONT OF LF, Recover weight on LF, ROCK RF to R side, Recover weight on LF
3&4	Step RF back, Step LF next to RF, Step RF fwd

5&6 Step LF fwd, 1/2 turn R-weight on RF, Step LF fwd 03.00 7&8 Rock RF fwd, Recover weight on LF, Step RF back

## COASTER STEP, STEP 1/4 TURN L CROSS, 1/4 TURN R, CROSS, SIDE, SIDE TOUCH SIDE

1&2	Step LF back, Step RF next to LF, Step RF fwd
3&4	Step LF fwd, 1/4 turn L-step RF to R side, Cross LF in front of RF 06.00

5&6 1/4 turn R-step LF back, Step RF to Side, Cross LF in front of RF 09.00

7&8 Step RF to R side, Touch LF next to RF, Step LF to L side

RESTARTS: Walls 2-5 & 8 after 16 counts

**Dance With Esmeralda** Esmeralda v.d. Pol www.esmeralda-dancers.com info@esmeralda-dancers.com